The motive that we write this is to ask you by favor that we all participate united, and on Monday April 10, 2017, from noon and on we will not eat, or use the phones, neither will we bunk up on the late night count or lights out. The objective is to reach some changes in the institution which are the following:

1) Change the food (menu)
2) Lower the commissary (reasonable pries)
3) Better hygiene (with the clothes)
4) Increase rec-time
5) Bring programs such as: school and program to keep our heads occupied and avoid depression mentally
6) Better medical attention
7) Increase wages for working detainees (waxing floors, painting, cleaning, cooking, laundry)
8) Facilitate court proceedings (speed up the process).

Please we ask for our help and participation. Because it is not just for them to treat out the way they want without them respecting our rights! And if we speak up we don't speak up we'll always be the same. Thank you!
The motive why we write this is to ask you by favor that we all participate united, and on Monday April 10, 2017, from noon and on we will not eat, or use the phones, neither will we look up on the late night Count on lighters out. The objective is to reach Jesse Changar in the institution which are the following:

1. Change the food. (Menu)
2. Lower the Commissary (reasonable prices)
3. Better hygiene. (With the clothes)
4. Increase rec-time.
5. Bring programs such as: School and programs to keep our hands and occupied and evade depression. Mortality.
7. Increase wages for working.